



On the Modern Practice of Maṇḍala Meditation

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In recent decades Buddhist
maṇḍala have become
increasingly popular.
Maṇḍalas are now perceived
as "aids" or "tools to
meditation" and designated
as "meditation diagrams" and
"meditational art". Dr.
Bühnemann will provide an
overview of the contemporary
use of maṇḍalas as aids to
and objects of meditation,

contrasting this usage with
traditional functions of
maṇḍalas in Buddhist tantric
ritual.

Dr. Gudrun Bühnemann is
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published extensively on
South Asian iconography and
ritual. Her recent books

include *The Life of the
Buddha: Buddhist and Śaiva
Iconography and Visual
Narratives in Artists'
Sketchbooks from Nepal*
(2012) and
*Śākyamuni's Return Journey to
Lumbinī (lumbinīyātrā): A
Study of a Popular Theme in
Newar Buddhist Art and
Literature* (2015).

